

# ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD) TUE GUIDE



This factsheet is designed to provide guidance for applying for Therapeutic Use Exemptions (TUEs) relating to ADHD.

Stimulants prescribed for the treatment of ADHD are often present in the World Anti-Doping Agency (WADA) Prohibited List, and banned from use.

To receive prescribed treatment and compete in tennis competitions, players must apply for a TUE, ideally before commencing treatment with the medication.

## Applying for a Therapeutic Use Exemption

TUE applications are made with the assistance of a physician. Players must assign a physician to complete the application on their behalf in the Tennis Anti-Doping Portal: <http://tennis.idtm.se/>.

Step-by-step video and flowchart guides are available below.

[Video guide for players](#)

[Video guide for medical professionals](#)

[TUE Application Guide](#)

If you have any questions regarding TUE applications for ADHD medication, please contact [anti-doping.admin@itia.tennis](mailto:anti-doping.admin@itia.tennis).

## Requirements for ADHD TUEs

Applications must be accompanied by relevant medical documentation to support the diagnosis and treatment plan. The evidence that must be included is:

- Evaluation by a psychiatrist, paediatrician, or other physician who specialises in the treatment of ADHD
- Evaluation from a second independent specialist, if the player is 18 or older
- Clinical history and examination findings supporting the diagnosis that must meet DSM-V criteria
- Evidence of the use of a comprehensive validated diagnostic rating scale (e.g. ACDS, CAADID, Barley or DIVA for adults, Vanderbilt, K-SADS, DISC, Connors or SNAP for children)
- Treatment prescribed (including dosage, frequency, duration, administration route, and any medication holidays planned)
- Supplementary reports (e.g., school reports, statements from parents) can also be submitted, but are not mandatory.

It is the player's responsibility to provide all necessary documents to their physician(s). Failure to supply all the necessary documentation will result in delays in processing and reviewing the application.

## Approval periods

If the player has been recently diagnosed with ADHD and is in the process of titration (establishing effective dose), titration plans must be clearly stated in the application. In such cases, TUEs can be approved for up to 12 months.

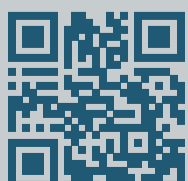
A well-documented diagnosis on a stable dose of medication can be approved for up to four years. This is likely to be a second, rather than initial, application.

In the event that medication or dosage changes during the approval period, players must communicate these changes to the ITIA.

DOWNLOAD  
THE APP



SCAN FOR  
TADP PORTAL



Please contact the ITIA for further assistance or to ask any questions about the TADP, the Prohibited List or the TUE process.

[WWW.ITIA.TENNIS](http://WWW.ITIA.TENNIS)



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